



THE WAVE

KITCHEN & BAR

AN ESTEFAN KITCHEN
RESTAURANT

GF - GLUTEN FREE

V - VEGAN

BREAKFAST


 CHEF'S FAVORITE



HEALTHY SELECTIONS

- 1/2 INDIAN RIVER GRAPEFRUIT (GF) 8
Assorted Berries, Rosemary Syrup
- FRESH CUT SEASONAL FRUIT PLATE (GF) 15
Assorted Ripe Fruit, Vanilla Yogurt
- LOW-FAT VANILLA YOGURT PARFAIT 13
Seasonal Berries & House-Made Granola
- SMASHED AVOCADO TOAST  18
Avocado, Multigrain Bread, 2 Poached Eggs
Tomatoes, Micro Blend

RISE UP

- Oatmeal & Banana Brulee  13
Caramelized Bananas,
Golden Raisins & Brown Sugar
- *Lox & Bagel 21
Capers, Red Onion, Tomato, Egg,
Cream Cheese

OMELET YOUR WAY 19

- Served with Breakfast Potatoes &
Choice of Toast, English Muffin or Bagel
- Fresh Eggs or Egg Whites**
Choice of Three Fillings | \$3 per Additional
American, Cheddar, Swiss, Manchego,
Tomato, Mushroom, Onions, Spinach,
Peppers, Ham, Bacon, Spanish Chorizo

SIDES & PASTRIES

- Sourdough, Wheat, Rye Toast, 3
English Muffin or Croissant
- Toasted Bagel & Cream Cheese 6
- Breakfast Potatoes 5
- Applewood Smoked Bacon (GF) 6
- Pork or Turkey Sausage 5

FROM THE GRIDDLE

- Buttermilk Pancakes** 15
Maple Syrup
- Add Blueberries or Bananas | 3**
- Cuban French Toast** 15
Cuban Bread, Cinnamon Egg Batter,
Cream Cheese, Guava Glaze
- Belgian Waffle** 16
Assorted Berries & Maple Syrup

EGGS

- Served with Breakfast Potatoes or Fruit Cup
Choice of Toast, English Muffin or Bagel
- All American** 19
Two Eggs Any Style
Choice of Applewood Smoked Bacon,
Ham, Pork or Turkey Sausage
- Add Skirt Steak | 24**

VERO BEACH CLUB

- SANDWICH** 18
Eggs, Avocado, Tomato, Cheddar,
Applewood Smoked Bacon
Seven Grain Bread, Mustard Aioli

- Eggs Benedict** 16
Canadian Bacon, English Muffin,
Poached Eggs, Hollandaise Sauce
- Smoked Salmon Benedict** 21
Tomato, Red Onion,
Poached Eggs, Hollandaise Sauce
- Breakfast Tacos** 17
Two Flour Tortillas, Scrambled Eggs,
Cheddar, Chorizo, Tomato, Cilantro
- Breakfast Burrito** 17
Wheat Tortilla, Avocado, Turkey Sausage,
Scrambled Eggs, Black Beans, Cheddar
- Cuban Mojo Pork Hash** 20
Pulled Pork, Seasoned Potatoes,
Two Eggs Any Style, Black Beans,
Cilantro, Pickled Onions, Lime Crema

BEVERAGES

- Orange or Grapefruit Juice** 6
- Cafe con Leche** 6
Espresso with Steamed Milk
- Cuban Coffee** 5
Espresso with Raw Sugar
- Mimosa** 12
- Bloody Mary** 14

*Consuming raw meat, seafood, shellfish or eggs may increase your risk of foodborne illness. If you have chronic illness of the liver, stomach or blood or have immune disorders, you are at greater risk of serious illness from raw foods, and should eat foods fully cooked.